

**WAC 388-60B-0320 Treatment practices—How must a program approach treatment and what must happen if it is determined that a participant should move into a different level of treatment?** Each treatment program certified for any level of domestic violence intervention treatment must:

- (1) Provide forensic counseling, using evidence-based or promising practices in all levels of treatment;
- (2) Require participants to attend weekly group or individual sessions, depending on their level of treatment and individual treatment plan;
- (3) Use a trauma-informed approach in treatment;
- (4) Provide treatment that meets the individual needs of participants based on their ongoing assessment information, motivations for abuse, and motivations for creating healthy relationships;
- (5) Document the required cognitive and behavioral changes required by participants in treatment as cited in WAC 388-60A-0415;
- (6) Submit compliance reports and relevant information to the courts or appropriate probation office when requested by the referral source or court when applicable;
- (7) When increasing or decreasing the level of treatment of a participant the program must document:
  - (a) Updated assessment information;
  - (b) A change in treatment needs;
  - (c) Justification for the treatment level change;
  - (d) Written approval from the program's supervisor; and
  - (e) An updated treatment plan; and
- (8) When a program changes the level of treatment for a participant the program must notify the participant and the referring agency, when applicable.
  - (a) The program must document if the referring agency has opted out of receiving treatment change notifications and if so, it must be documented in the participant's file; and
  - (b) If the program cannot reach the recipient the program must document their reasonable efforts to reach them.

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